

Diabetes Management Learning Opportunities

The first part of 2018 has been busy! We have been working to ensure area care managers have access to the tools and knowledge resources for evidenced-based diabetes care and management. Our goal is to help them be more confident and comfortable supporting their patients with diabetes. So in partnership with the Michigan Care Management Resource Center (MiCMRC), we have supported, promoted, and hosted three unique learning opportunities. All webinars have been archived to view on the NMDI site. **They can be viewed here: <http://nmdi.org/physicians>**

Those webinars with MiCMRC may offer continuing education credits. Please confirm before applying.

**We have a new look- but our address is still the same!
Check it out at nmdi.org!**

2017 Regional Diabetes Survey

Every five (5) years, the Northern Michigan Diabetes Initiative conducts a regional survey across northwest Michigan. This year's report included NMDI's current 14 counties: Antrim, Benzie, Charlevoix, Crawford, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, Montmorency, Oscoda, Otsego, Roscommon, and Wexford.

We investigated pre-diabetes and diabetes prevalence, risk factors for developing diabetes, where people seek out health information, self-care behaviors, and barriers to care.

Quick facts

- **16% reported having a diabetes diagnosis** (higher than state prevalence)
- **15% reported having a pre-diabetes diagnosis** (higher than national prevalence)
- **29% reported a high risk of developing type 2 diabetes** for those not currently diagnosed with diabetes or pre-diabetes
- **69% reported being overweight or obese**

You can download the full 2017 Diabetes Regional Survey report here: <https://www.nmdi.org/northern-michigan-diabetes-initiative/about-us/nmdi-publications>

Planning for Candy Take Back 2019



Back to school means Halloween isn't far away. We are looking to add participating sites to the candy take back event! The process would be easy- we have the flyers and will be doing the media work. Your responsibilities would be to collect the candy and coordinate delivery with your donation sit. **Email Amanda at awoods@mhc.net to learn how, get connected and be part of the marketing materials.**

Diabetes Prevention Programs

Sites are starting classes starting this fall.

Find one close to home at:

mihealthyprograms.org

Upcoming Learning Opportunities

- **Michigan Diabetes Prevention Network:** September 25th. [More details found here.](#)
- **Diabetes Partner in Action Coalition (DPAC), Fall Membership Meeting, November 7th:** [November Meeting, Lansing, MI](#)