



Diabetes Prevention Program

The National Diabetes Prevention Program

The CDC has released a new curriculum: Prevent T2. This curriculum focuses more on self-efficacy and empowerment. For programs seeking recognition, the CDC guidelines are still based upon the older curriculum. To learn more, visit the [CDC's Diabetes Prevention website](#).

Diabetes Prevention in Our Region

Otsego Memorial Hospital is currently hosting its 5th class! There are 18 people signed up in this cohort. The group has lost 92 pounds so far. Congratulations! If you are interested in learning more about the Diabetes Prevention Program at Otsego Memorial Hospital, contact Kristina Burzynski at 989-731-7718.

Insurance Coverage

Are you a DPP Lifestyle Coach? Did you know Priority Health is now covering the Diabetes Prevention Program as a preventative member benefit? If you would like to receive reimbursement for this program through Priority Health, your program will need to go through a demonstration pilot phase. To learn more about becoming a covered provider, contact Kandi Jezak at (616) 464-8779 or kandi.jezak@priorityhealth.com.

Educational Outreach Visit

Are you a primary care provider looking to improve care management for your patients with diabetes? NMDI is looking to replicate the Educational Outreach Visit project with a technology component. NMDI is looking for your feedback. Please take this [survey](#) by May 10.

NMDI website gets a facelift




The NMDI website was recently redesigned to make it easier for users to navigate. A website designer completed an analysis of the site and found there were three main things people were looking for when visiting the site: 1) Finding a diabetes education program, 2) Food and nutrition tips, and 3) Preventing diabetes. Buttons were created on the main page for users to directly visit these specific pages. Other areas of the website navigation were improved as well. Check it out! Visit nmdi.org.

E-Blast Newsletter

Don't forget NMDI has a patient newsletter! You can sign up for the newsletter by contacting Amanda at awoods@mhc.net. This newsletter is emailed quarterly and contains helpful hints on managing your diabetes along with community events.

Upcoming Events

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- Type 1 Spring Soiree at Silver Lake Recreation Area. May 14, 5 PM. Learn more at [NMDI's Facebook page](#) or contact Amanda for a flyer.
 - Diabetes Prevention Network Meeting, July 28 1-4 PM. [Learn more.](#)
 - "Bringing Diabetes Prevention to Worksite Wellness: A Natural Progression." August 22. Hosted by MDHHS. More details to come.