



## Meet NMDI's New Coordinator!

Hello! My name is Kim Chandler and I am the newest member of the Munson Community Health team. I come to

Munson with over 12 years of experience in local public health with much of that time spent in chronic disease prevention. I graduated in 2006 with a Bachelor's of Science in Public Health Education & Health Promotion from Central Michigan University. Immediately following graduation, I started working at District Health Department #10 where I spent the next 12.5 years of my career. I have had the opportunity to work with a variety of community partners over the years, including several from Munson Healthcare, and I feel that building strong relationships is the key to success. I look forward to meeting all of the partners involved in NMDI and building relationships that can further the success of the work that has already been done.

## Diabetes Alert Day 2019

Every last Tuesday in March, there is a call to action to raise attention to type 2 diabetes risk factors and to use the time to engage in healthy workplace behaviors. Diabetes Alert day 2019 is on March 26<sup>th</sup>. You can take the risk test and find a Diabetes Alert Day toolkit at [diabetes.org](http://diabetes.org).

## E-Blast Newsletter

Don't forget NMDI has a patient newsletter! You can sign up by contacting Kim at [kchandler4@mhc.net](mailto:kchandler4@mhc.net). This newsletter is emailed quarterly and contains hints on managing your diabetes along with community events.

## Diabetes Prevention Programs

Sites are starting classes this spring. Find one close to home at: [mihealthyprograms.org](http://mihealthyprograms.org)

## Michigan Diabetes Prevention Action Plan 2018-2020

Michigan Diabetes Prevention Network just released an extension of this action plan. There are three focus areas: prediabetes awareness, health systems policy, and community clinical linkages. The overarching goal of the plan is to increase access to the diabetes prevention program throughout Michigan. To read the plan, [click here](#). Learn more about the network by visiting <https://midiabetesprevention.org/>.

## 2019 Standards of Medical Care in Diabetes

American Diabetes Association (ADA) annually releases diabetes treatment and care management recommendations for healthcare providers.

In addition to the standards of care updates, the committee will provide updates online throughout the year if evidence demonstrates inclusion. This is in part due to the rapidly changing technology available in the healthcare field. Additionally, the Standards of Care will be the sole source of the ADA's clinical recommendations

NMDI has a [link](#) on our website to the full revisions, abridged revisions, and a webcast of the highlights.

## Other Steering Committee updates...

- Cadillac has put in a business proposal to open up another AADE branch of the Traverse City program in Manistee.