



### NMDI Steering Committee Planning Meeting

The NMDI Steering Committee met on July 8 to begin developing the work plan for FY16. The group chose a new method: Value Centered-Data Driven planning to help foster new work within NMDI.

This method first creates values the group all believes in that become the filter for future decision making and work. The values selected were:

- Measurable Outcomes,
- Evidence-Based,
- Collaborative/Collaboration,
- Innovation/Innovative, and
- Patient Empowerment.

The group then reviewed past initiative work along with data from partners. The work was evaluated based upon past strengths, weakness and supported data. Based on this evaluation, a small group will be ranking the activities to help devise a new work plan.

Stay tuned! We are excited about this new process and what this means for NMDI! Since NMDI underwent this new process we will not be holding an annual Stakeholder meeting. As always you are welcome to contact us with any thoughts/suggestions you may have.



### Seen us on TV lately?

NMDI has produced new spots for both TV 7&4 and 9&10 News. The goals of the commercials are to inform the community about NMDI, educate hard-to-reach patients with diabetes, and keep the information fresh

and new. If you know someone with diabetes who has been helped by NMDI or one of the diabetes education programs? and might be willing to be part of the campaign, please contact: Christi Nowak at [cnowak@mhc.net](mailto:cnowak@mhc.net).

### News – Artificial Pancreas

Type 1 diabetes is an autoimmune disease where the pancreas stops producing the hormone insulin, which can lead to harmful lows or highs in blood glucose levels. Researchers from the University of California Santa-Barbara have detailed the creation of an implantable artificial pancreas which uses an algorithm to monitor patients' glucose levels and then calculate how much insulin is needed. When calculated, the insulin dose is automatically delivered to the body. Upon computer testing of the artificial pancreas, researchers found it maintained ideal blood glucose range of 80-140 mg/dL 78% of the time, with "no time spent in hyperglycemia." Researchers hope the artificial pancreas will be available for type 1 diabetics within the next 5 years.

Source: [www.medicalnewstoday.com](http://www.medicalnewstoday.com)



### Upcoming Events

- Diabetes Partners in Action Coalition, November 12, 2015. For more information, click [here](#).
  - Diabetes Prevention Network, October 28, 2015
- For more information, visit the website [here](#).

### New Home

The Northern Michigan Diabetes Initiative's website address is now [nmdi.org](http://nmdi.org). If you have materials with the former website address, [nmdiabetes.org](http://nmdiabetes.org), that is okay. The old address will automatically redirect you to the new address.