



Have you liked the NMDI Facebook page yet?

The Northern Michigan Diabetes Initiative Facebook page is your one stop shop for diabetes events, tasty recipes and all sorts of other useful diabetes information. We need your help to reach our goal of having 150 likes by the end of June so please like our page if you haven't done so yet!

NMDI named Promising Practice by the Healthy Communities Institute

We are excited to share that NMDI submitted to be listed as a Promising Practice in the Healthy Communities Institute (HCI) database and they determined that NMDI and a few of its programs were definitely considered Promising Practices. HCI designed a system and strategies to help local public health departments, hospitals and community coalitions to measure community health, share best practices, identify new funding sources and drive improved community health" (*Healthy Communities Institute website*).

Diabetes Self-Management Survey Results

Recently we conducted a survey to gather thoughts that will assist NMDI in providing the resources and services people with diabetes are looking for. Below are a few highlights:

- People typically get information about health from their healthcare providers (62%) and TV (58%)
- Information people are seeking most across the board are healthy eating and exercise information

Dr. Vollbrecht wins Sally Joy Leadership Award



On World Diabetes Day, November 14th, Dr. Jill Vollbrecht was presented with the Sally Joy Leadership Award from the Diabetes Partners in Action Coalition and the American Diabetes Association for her exceptional leadership and passion for diabetes prevention and management.

Upcoming National Diabetes Prevention Program (NDPP) Class

Where: Kalkaska Health Department, 625 Courthouse Drive Kalkaska, MI

When: Every Wednesday beginning January 8th, 1:30-2:30pm

Contact: Kim Chandler 231-258-8669 ext 7589 or kchandler@dhd10.org

Do you need any diabetes resources for your clients?

NMDI has a nice one page, color handout that lists all we offer. If you are interested in having some sent to you for your site please contact Christi at cnowak@mhc.net.